

**ALLEN KENG'S OPEN GYM  
MINOR'S ACKNOWLEDGEMENT OF RISKS AND RESPONSIBILITIES**

**READ BEFORE SIGNING**

**I wish to participate** in the program, related events and activities of Allen Keng's Open Gym and **I UNDERSTAND AND AGREE WITH THE FOLLOWING STATEMENTS:**

1. The activities involved in this program are dangerous. I risk the chance of serious injury or death through my participation.
2. My parents and I believe that I am physically, emotionally and mentally able to fully participate in this program and as such have given their unqualified permission for me to take part.
3. I am familiar with, and will follow, all the applicable rules for participation in this program.
4. My equipment is mechanically fit and suitable for my use in this program.
5. I understand that at all times during my participation in this program, I have sole responsibility for my safety.
6. If, during the course of my participation in this program:
  - a) I learn or become aware, of a change in my health, physical, emotional or mental condition, or
  - b) I feel unsafe or threatened for any reason, or
  - c) I notice anything unsafe about the program,  
**I WILL IMMEDIATELY STOP PARTICIPATING and INFORM THE NEAREST OFFICIAL.**
7. I am willing to accept all risk of being hurt or killed in this program, both known and unknown, and to take full responsibility for my actions and behaviour.
8. **I HAVE READ THIS STATEMENT OF RISKS AND RESPONSIBILITIES - I UNDERSTAND AND AGREE WITH WHAT I HAVE READ - AND I CHOOSE TO SIGN IT.**

\_\_\_\_\_  
SIGNATURE OF PARTICIPANT

\_\_\_\_\_  
printed name of participant

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE OF WITNESS FOR MINOR PARTICIPANT

\_\_\_\_\_  
printed name of witness

\_\_\_\_\_  
DATE

**ALLEN KENG'S OPEN GYM  
WARRANTY AND CONSENT OF PARENT/GUARDIAN, ASSUMPTION OF RISK,  
RELEASE, AND WAIVER OF LIABILITY INDEMNITY AGREEMENT**

**READ BEFORE SIGNING**

**IN CONSIDERATION** of allowing my minor child/ward to participate in the program, related events and activities of Allen Keng's Open Gym

**I WARRANT TO YOU THAT:**

1. I am a parent/guardian having full legal responsibility for decisions regarding my minor child/ward, and
2. I am familiar with the risk of serious injury and death which any participant in this program must assume, and
3. I believe that my minor child/ward is physically, emotionally and mentally able to participate in this program, and that his/her equipment is mechanically fit for his/ her use in this program, and
4. I understand, and will instruct my minor child/ward, that all applicable rules for participation must be followed and that at all times the sole responsibility for personal safety remains with my minor child/ward, and
5. I will immediately remove my minor child/ward from participation, and notify the nearest official, if at any time I sense or observe any unusual hazard or unsafe condition or if I feel that my minor child/ward has experienced any deterioration in his/her physical, emotional or mental fitness for continued participation in the program.

**I UNDERSTAND AND AGREE, ON BEHALF OF MY MINOR CHILD/WARD, MYSELF, MY HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES AND NEXT OF KIN, THAT MY EXECUTION OF THIS DOCUMENT CONSTITUTES:**

1. an unqualified ASSUMPTION OF ALL RISKS associated with participation in this program by my minor child/ward even if arising from negligence, or gross negligence, including any compounding or aggravation of injuries caused by negligent rescue operations or procedures, of the program organizer and any persons associated therewith or participating therein, and
  2. a FULL AND FINAL RELEASE AND WAIVER OF LIABILITY of the program organizer and all persons and organizations associated with it and the program including, without limiting the generality of the foregoing, its officers, directors, officials, agents and/or employees, other participants, sponsors, advertisers, owners and/ or lessors of the premises used to conduct the program, sanctioning bodies, medical or rescue personnel (the RELEASEES), of and from with the respect to all injury, disability, death or loss or damage to person or property whether arising from the negligence, or negligent rescue of or by the foregoing or otherwise, and
  3. an UNDERSTANDING NOT TO SUE the RELEASEES for any loss, injury, costs or damages of any form or type, howsoever caused or arising, and whether directly or indirectly from the participation of my minor child/ward in the program, and
  4. an AGREEMENT TO INDEMNIFY, and to SAVE and HOLD HARMLESS the RELEASEES, and each of them, from any litigation expense, legal fees, liability, damage, award or cost, of any form or type whatsoever, they may incur due to any claim made against them or any one of them whether the claim is based on the negligence or the gross negligence of the RELEASEES or otherwise.
- I HAVE READ THIS DOCUMENT THOROUGHLY.
  - I UNDERSTAND THAT THE RELEASEES ARE RELYING UPON MY WARRANTIES, ASSUMPTIONS, WAIVER AND RELEASE, UNDERTAKINGS AND AGREEMENTS WHEN ACCEPTING MY MINOR CHILD'S/WARD'S PARTICIPATION IN THIS PROGRAMME.
  - I UNDERSTAND THAT BY SIGNING THIS DOCUMENT I GIVE UP SUBSTANTIAL LEGAL RIGHTS I AND/ OR MY MINOR CHILD/WARD WOULD OTHERWISE HAVE.
  - I SIGN THIS DOCUMENT VOLUNTARILY AND WITHOUT INDUCEMENT.

---

SIGNATURE OF PARENT/GUARDIAN

---

printed name of parent/guardian

---

SIGNATURE OF WITNESS

---

printed name of witness

---

DATE

---

AGE OF MINOR